



## Adas Yoshuron Synagogue

Please join us!

### **Shabbat Family Dinner**

**January 24, 6:00 p.m.**

The Hebrew School class invites you to join them for a family dinner.

### **Learners' Minyan Shabbat Service**

**January 25, 10:00 a.m.**

Join Rabbi Solochek for our Learners Minyan. Each month we explore a different section of the Shabbat morning service. There is time for questions and conversations about the meaning of the prayers; how they resonate with or feel challenging to us. We also learn some melodies and the choreography of the service. Each session includes the Shema, some time for personal reflection/prayer, and a brief Torah teaching. Open to everyone!

This month we will be focusing on the Amidah.



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## **New! Weekday Minyan**

**Monday, January 27, 8:00 a.m.**

Join us for a weekday morning service. Rabbi Solochek will lead and offer guidance throughout the service.

Followed by coffee and schmoozing.

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## **Adult Education Classes: Cultivating Habits, Jewishly**

**Thursday, January 23, 6:30-8:00 p.m.  
at the synagogue OR on Zoom.**

Building new habits can feel overwhelming, and its easy to lose motivation when we hit bumps in the road. Come explore Jewish wisdom on cultivating sustainable habits, both spiritually and physically.

Please join us at the synagogue OR on Zoom. (Zoom is an easy-to-use online program that lets you fully participate from your computer.)

To join by Zoom, browse to <https://bcm.zoom.us/j/842358860> or call 669-900-6833 (toll) or 877-369-0926 (toll free) and enter meeting ID **842 358 860#**

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## **Six-Week Family Program**

**Join us on Sunday mornings, starting January 12 at 9:00 a.m. We will meet each Sunday for six weeks. The program, geared towards children 0-6 and their families, will go through Sunday, February 16.**

**You are welcome to join in the fun, even  
if you do not attend all sessions.**

We will do a circle time with Hebrew songs. There will be stories with puppets relating to the weekly *parasha*. Well enjoy a small snack, and

do a simple craft project. Things we will cover include: Tu B'Shevat, the story of Joseph, the story of Moses, and the exodus from Egypt.



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## Join Us for a Delectable Community Brunch Sunday, January 26, 11 a.m.

Please join us for a Community Brunch on Sunday, January 26 from 11:00 a.m.-1:00 p.m. at the synagogue! Its going to be a cozy, relaxing morning with warm food and good friends.

Hosting family, friends, or overwintering holiday company? Bring them along! Everyone is welcome.

Not that we should need to twist your arm, but heres a sneak preview of the featured offerings:

- Mimosas!
- Sweets baked by Shelley and other talented bakers in our midst
- Fun activities for the kids (and adults) led by Rabbi Solochek
- Mimosas!
- All your favorites a variety of delicious homemade quiches, scrumptious baked French toast, bagels & cream cheese, smoked fish platters, fruit and savory salads, and more
- Hot coffee and tea, and apple cider
- (Did we mention Mimosas?)

We look forward to seeing you, catching up with you, and feasting with you on January 26!

*~The Membership Committee:  
Lisa Breheny, Ben Koenig, Shelley Kushner, Liz Snider, Suzan Theriault, and Hildy Waterman*

**Please, please let us know if youll be coming. RSVP\* by phone call, text, or e-mail with your name and number of people to:**

Hillary: 207-542-1743; [hillaryw@brandeis.edu](mailto:hillaryw@brandeis.edu)  
Shelley: 207-542-4878; [mkush35364@gmail.com](mailto:mkush35364@gmail.com)

*\*If you'd like to bring food let us know (if not, that's okay, too).*

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## Weather or Not?

It is another Maine winter. As a rule, we are pretty tough, and don't let much stop us. But sometimes the weather is just too bad to risk driving in.

Please call the office if you are in doubt if a service, class, or event will be held. We will update our outgoing message if anything is canceled.

As always, even if the synagogue is open, please use your best judgement about whether to travel or not. Road conditions will vary depending on where you are coming from.

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**Contact our office:**

[info@adasyoshuron.org](mailto:info@adasyoshuron.org)

We hope you like receiving our emails. However, you can always [unsubscribe from this list](#).

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Office hours: Monday, Tuesday, Thursday, Friday, 3:30 - 5:00 p.m.

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